

# Experiences and Challenges of Trust-Based Relational Intervention® (TBRI) Practitioners in Implementing TBRI with Spanish-Speaking Clients



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## INTRODUCTION

- Cultural and language challenges often inhibit the effectiveness of care.
- There is need for validation of materials in languages other than English to facilitate the mental health needs of non-English speaking children (Collins et al., 2011).
- TBRI is an attachment based, trauma-informed intervention that was developed to meet the complex needs of vulnerable children (Purvis et al., 2013).
- Study Aim: To examine how TBRI practitioners currently handle challenges due to language and cultural issue among their Spanish-speaking clients.

## METHODS

### Participants:

- N=10 TBRI practitioners, who are between the ages of 28-42 (Mage=36.9, SD=4.68) from nine Latin American countries were recruited via referrals from KPICD staff.
- Inclusion/Exclusion Criteria: TBRI practitioner, currently implementing TBRI with Spanish-speaking clients, who are between the age of 26-65 years old.

### Procedure:

TBRI practitioners completed an on-line background survey and a 30 to 45-minute virtual interview to assess their perceived challenges with the material.

### Measures:

- Background questions addressed the practitioners' demographic information and general information about their clients, such as caseload and education level.
- Qualitative data was collected and coded based on the questionnaire developed for the interviews.

## RESULTS

- Virtual Zoom interviews were transcribed by the researcher using the Zoom recorded captions.
- Two undergraduate research assistants coded the redacted transcripts. An 80% agreement threshold was established through training before coding.
- Themes were identified based on the interview questions and were reassessed by the coders and researchers throughout the coding process (Figure 2).
- Results indicate that practitioners face challenges in regards to their clients' education level, literacy rates, access to curriculum-related materials, and cultural view on TBRI correction strategies.
- Practitioners handle challenges by simplifying the language, explaining content with culturally-relevant examples, creating items that can be used in lieu of ones used in the materials of curriculum, and having patience as clients learn a new way of parenting.



Figure 1. US and Latin American countries where participants practice TBRI: Guatemala, Costa Rica, Peru, Honduras, Mexico, Colombia, United States, Paraguay and Dominican Republic.

## THEMES

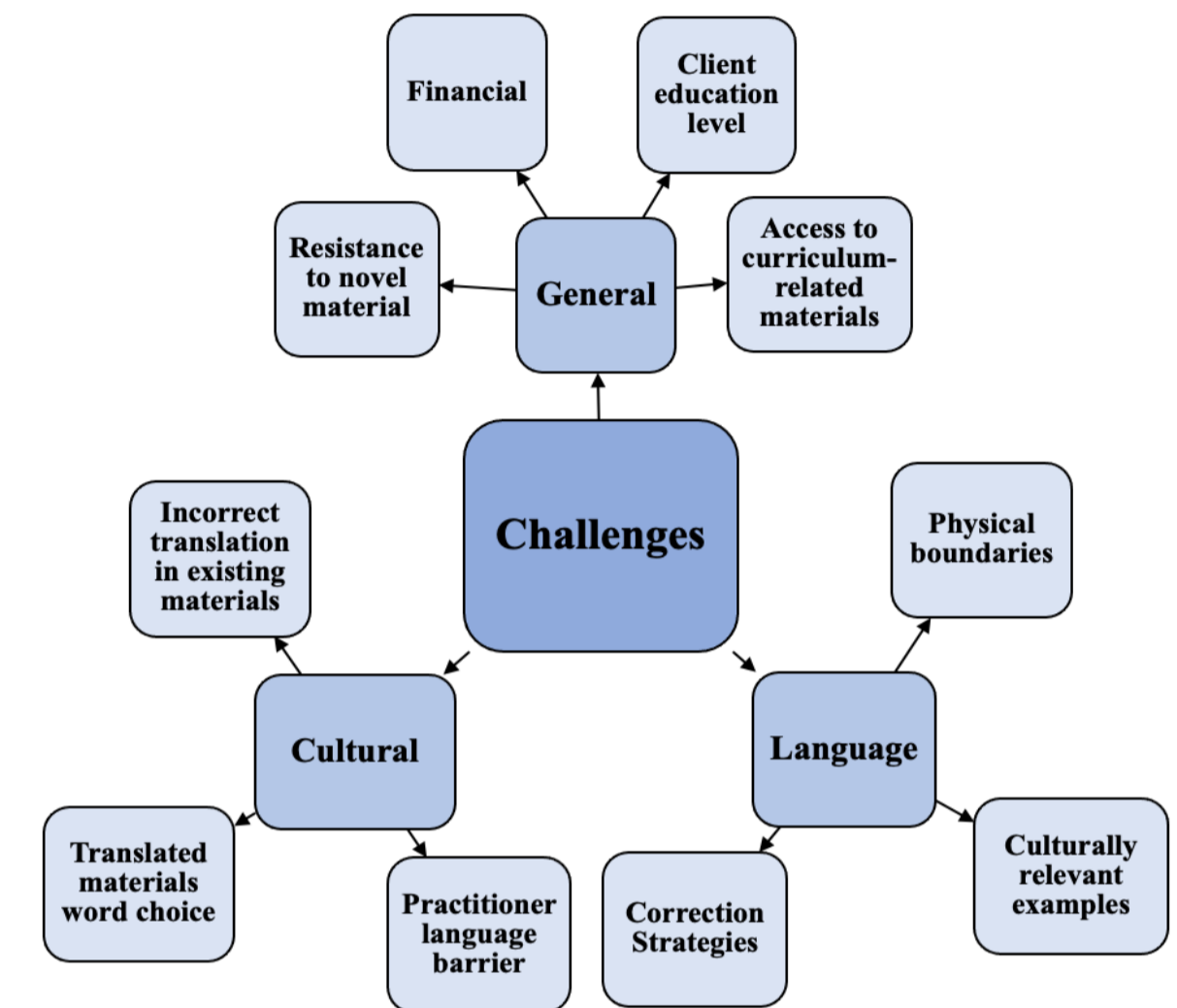


Figure 2. Depiction of the three most common challenges faced by TBRI practitioners and specific challenges that go with each main theme.

## CONCLUSION

- This project helps address needs regarding translation and cultural issues with TBRI materials. Additionally, it helps adapt materials, so there is a more appropriate and easily received response to material among primarily Spanish-speaking families.
- Further research is needed with a larger and more diverse population, not only regarding Spanish, but other languages used.

## REFERENCES

- Collins, P., Patel, V., Joestl, S. et al. (2011). Grand challenges in global mental health. *Nature*, 475, 27–30. doi: 10.1038/475027a
- Purvis, K. B., Cross, D. R., Dansereau, D. F., & Parris, S. R. (2013). Trust- Based Relational Intervention (TBRI): A systematic approach to complex developmental trauma. *Child & Youth Services*, 34(4), 360-386. doi: 10.1080/0145935X.2013.859906



Cultural and language challenges often inhibit the effectiveness of care. Trust-Based Relational Intervention® (TBRI®) is an intervention developed to meet the needs of children who have experienced trauma. The current study examined the challenges TBRI practitioners face when delivering material to Spanish-speaking clients in the US and Latin American countries. Results indicate that practitioners face challenges in regards to their clients' education level, literacy rates, access to curriculum-related materials, and cultural views on the TBRI correction strategies.

