

La Clinica de Mujeres with Mercy Clinic of Fort Worth







Mercy Clinic of Fort Worth is a free health clinic that provides care to the underserved population, largely comprised of uninsured adults, in south Fort Worth. Services at Mercy Clinic include wellness checkups, sick visits, and well-woman visits, as well as some dental procedures, labs, and prescription services. TCU pre-health students consistently volunteer at Mercy Clinic has continued to grow with the new addition of the Burnett School of Medicine at TCU. A current collaboration between Mercy Clinic and the Burnett School of Medicine aims to provided by the Experiential Projects to Impact the Community (EPIC) Grant were used to assist with the cost of supplies, such as speculums and drape sheets, for these women's clinics. The goals of this community by providing Mercy Clinic with materials and volunteers, to educate and emphasize the importance of women's health, and to grow TCU Pre-Health's relationship with the Burnett School of Medicine and Mercy Clinic.

Mercy Clinic of Fort Worth

Provides free healthcare in South Fort Worth

Services

Dental

Medical

- Prescriptions
- Spiritual Care

~2,635 Regular Patients

- 18 years or older
- Live in 76110 or 76104 zip code
- Do not have health insurance
- Income level < 200% of national poverty line

Importance of Women's Health Care

Cervical Cancer

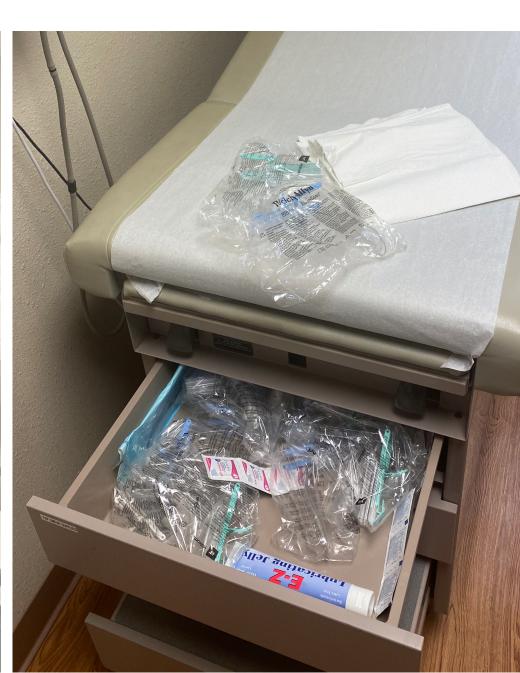
- In 2019: 12,795 new cases reported, 4,152 deaths (CDC, 2022)
 - Non-Hispanic Black women had highest rate of new cases
 - Hispanic women had the highest death rate

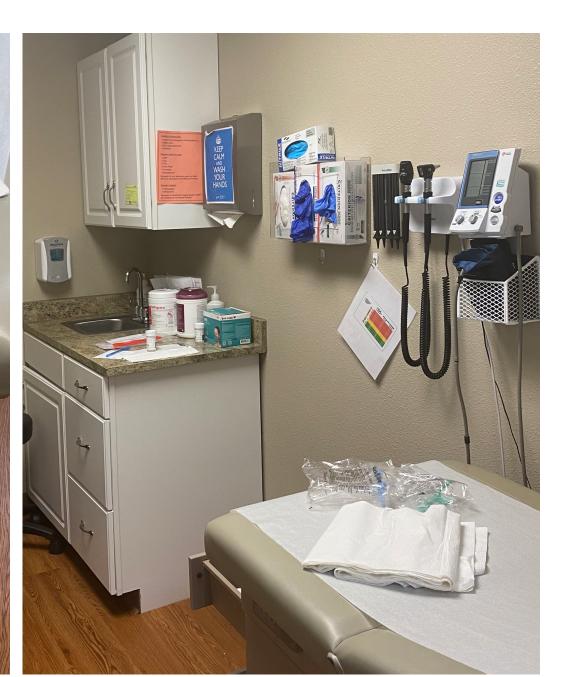
Pap Smear: physical exam to test for cervical cancer in women

- Recommended every three to five years for ages 21 to 65 (Mayo Clinic)
- 90% of women diagnosed with early-stage cervical cancer lived 5+ years, compared to less than 19% of women diagnosed with late-stage cancer (CDC, 2022)
 - Emphasizes the importance of preventative care and frequent pap smear exams



6 prescriptions for UTI medications





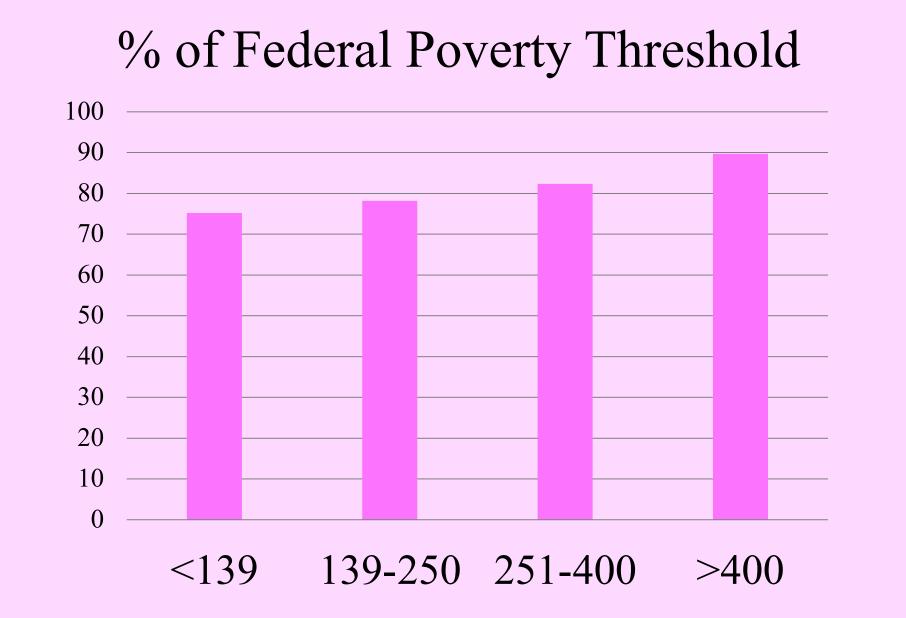
20-30 30-40 40-50 50-60 60+

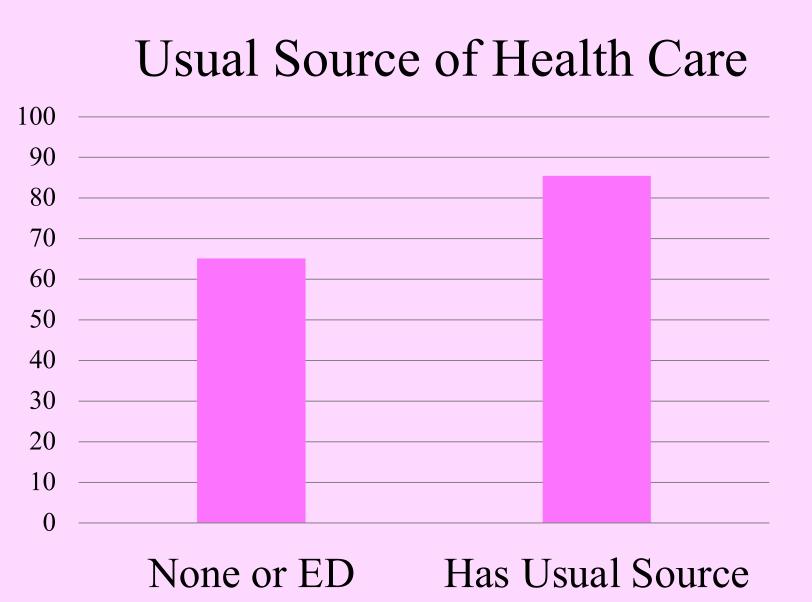
Age

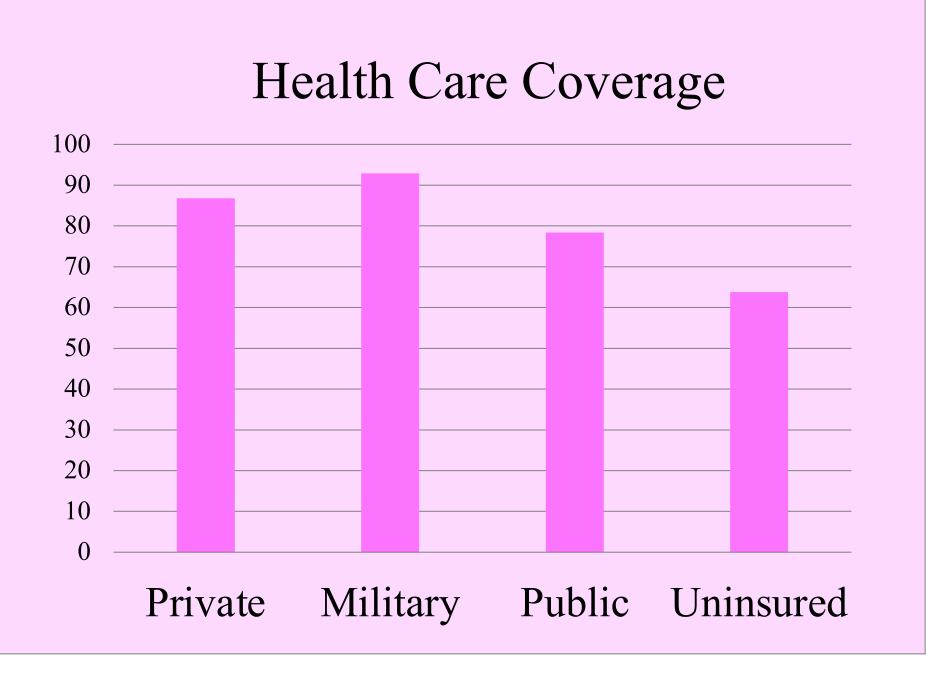
National Pap Smear Statistics

National percentage of women (21-65 years old) who received a pap test within the past 3 years

(National Health Interview Survey, U.S., 2015)







Project Description

Materials Purchased

Non-Hispanic

- Speculum
- Drape sheets
- Exam gowns

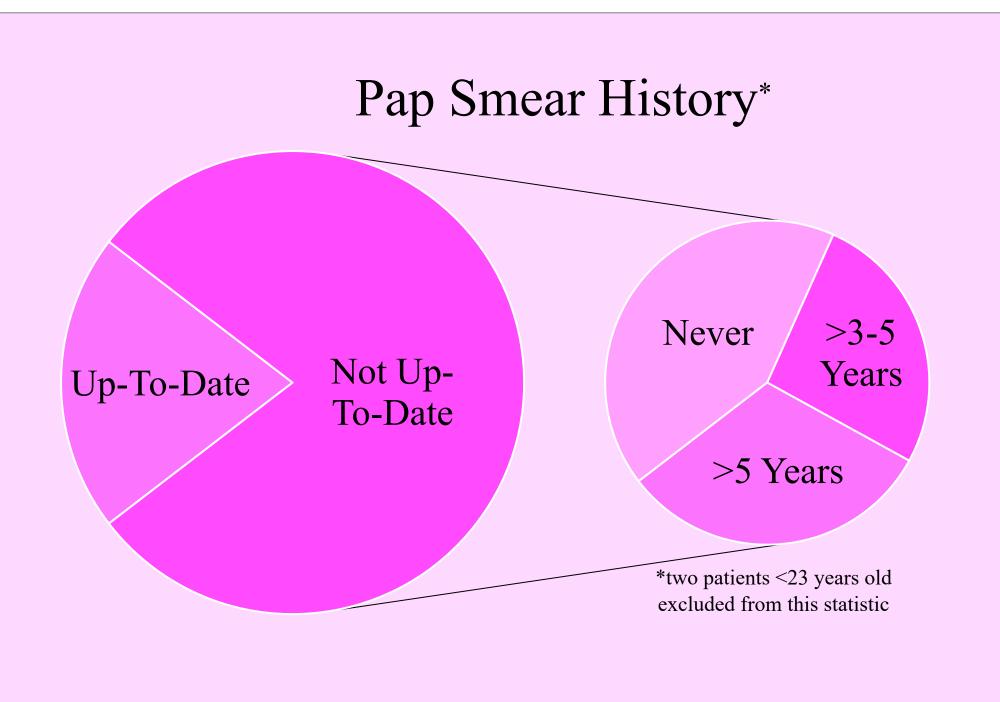
Patient Outcomes

- 0 abnormal pap smear results

Ethnicity

Hispanic

Ethnicity Hispanic Asian



Future Directions

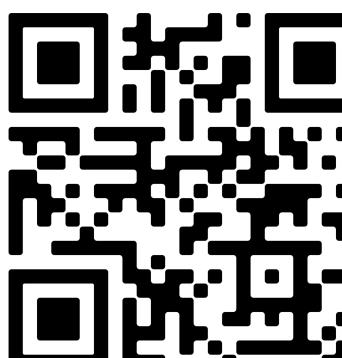
- Four more clinics scheduled for 2023
- Apply for external women's health grants to continue funding clinics
- Funding from the TCU EPIC Grant will continue next year
- Education initiatives at future clinics
- Benefits of regular exams, birth control, sexual health
- STD testing
- Increase pharmacy availability

Acknowledgments

This project was supported by the Pre-Health Professions Institute EPIC (Experiential Projects to Impact the Community) community development grant. We would like to thank Mercy Clinic of Fort Worth for their commitment to serving the community and providing accessible health care. Additionally, we would like to thank Dr. Stewart for serving as our advisor for this project and for her all her guidance. Finally, we would like to thank all the providers and volunteers at the clinics; none of this could have happened with their help.

References

"Free Medical Clinic." Mercy Clinic of Fort Worth, https://www.mercy-clinic.org/. "Health and Economic Benefits of Cervical Cancer Interventions." Centers for Disease Control and Prevention, Centers for Disease Control and Prevention, 21 Dec. 2022, https://www.cdc.gov/chronicdisease/programs-impact/pop/cervical-cancer.htm. "Pap Smear." Mayo Clinic, Mayo Foundation for Medical Education and Research, 18 June 2022, https://www.mayoclinic.org/tests-procedures/pap-smear/about/pac-20394841. White A, Thompson TD, White MC, Sabatino SA, de Moor J, Doria-Rose PV, Geiger AM, Richardson LC. Cancer Screening Test Use - United States, 2015. MMWR Morb Mortal Wkly Rep. 2017 Mar 3;66(8):201-206. doi: 10.15585/mmwr.mm6608a1. PMID: 28253225; PMCID: PMC5657895.



Scan this QR code to learn more about Mercy Clinic and their mission!

