

Background

- Helicopter parenting is a phenomenon in which a parent is overinvolved in their children's lives (LeMoyne & Buchanan, 2011).
- Helicopter parenting is generally associated with negative effects on child well-being and parental closeness (Schiffrin et al., 2013).
- Research surrounding this topic is sparse, with little explanation for the causes underpinning such negative outcomes. Prior studies tend to rely on samples of college students, which limits the generalizability of their findings.

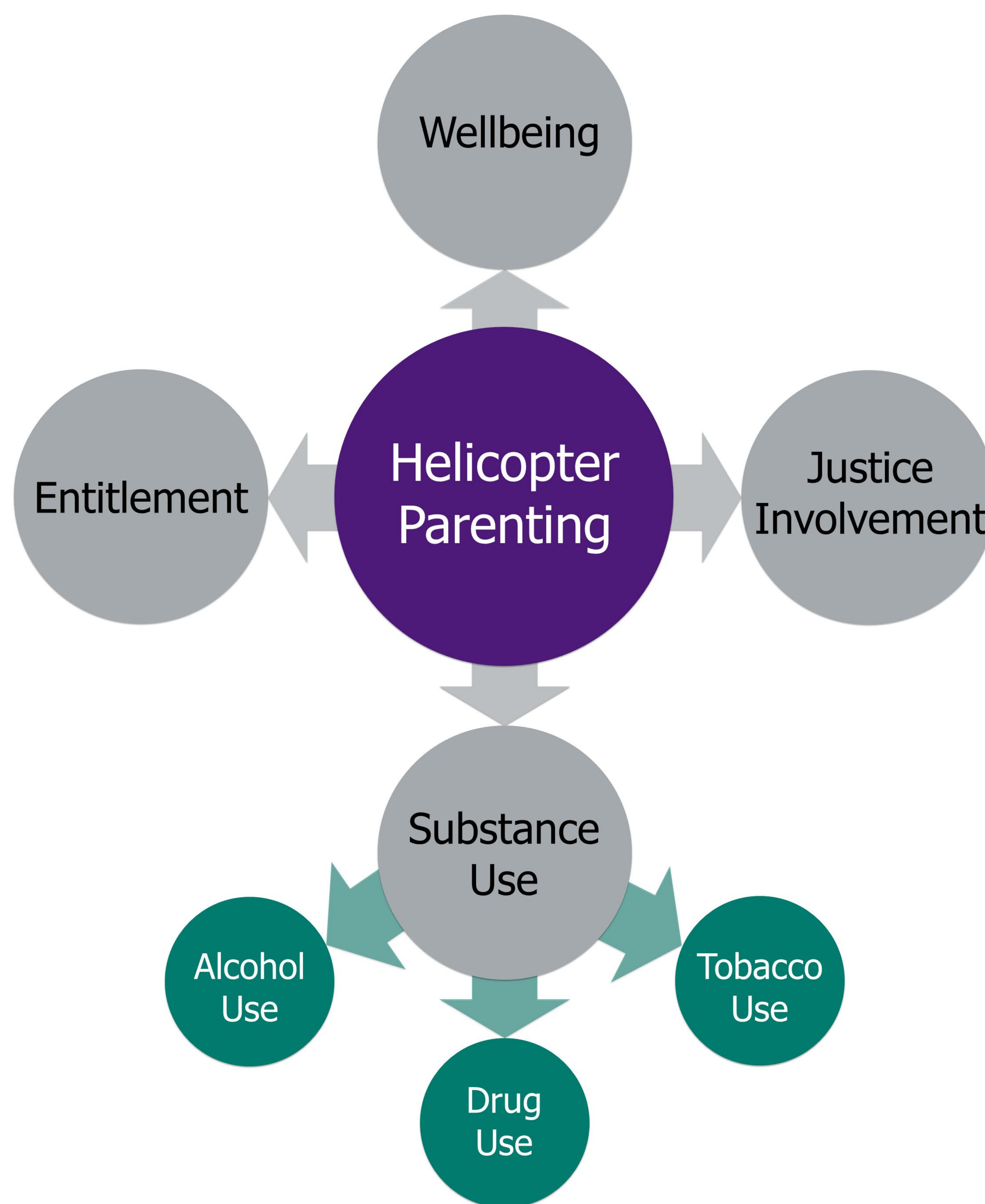
Methods

Participants ($N = 250$) will be recruited from an online cloud-based data collection platform, Prolific.

Participants will complete provide informed consent, then complete a battery of assessments.

Regression analyses will be used to examine associations between helicopter parenting and wellbeing, substance use, justice involvement, and entitlement.

Concepts Map



Sample Questions

Helicopter Parenting (Schiffrin et al., 2018; Luebbe et al., 2018)

- My parent is the kind of parent who tries to prevent me from making my own mistakes.
- My parent regularly wants me to call or text them to let them know where I am.

Wellbeing (Ryff et al., 2010; Diener et al., 2010)

- The demands of everyday life often get me down.
- I lead a purposeful and meaningful life.

Substance Use (Mahrabian & Russell, 1978; HCHS/SOL, n.d.; Skinner, 1982)

- What percentage of times that you drink do you get drunk?
- Have you had "blackouts" or "flashbacks" as a result of drug use?

Entitlement (Zemojtel-Piotrowska et al., 2015)

- If I get less than I deserve, I speak out about it.
- I don't forgive the wrongs I have suffered.

Justice Involvement (Yan & Cantor, 2019)

- In the last 12 months, have you spent any time in jail, prison, or a juvenile detention facility?

Current Study Aims

- (1) Replicate previous findings on the effects of helicopter parenting in a non-student population
- (2) Explore the relationship between helicopter parenting and wellbeing substance use, and justice involvement
- (3) Examine associations between demographic variables and helicopter parenting

Discussion

- Results of the current study will contribute to the emerging field of research on helicopter parenting, and how it may impact development.
- This line of research can inform future interventions aimed at improving wellbeing, reducing substance use, and reducing justice involvement

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