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Introduction

Modern electrical grids are facing new challenges as power demand evolves. Unlike traditional loads that are relatively stable, modern loads such as electric vehicles (EVs), data centers, and high-power electronics all introduce complexities related to power quality and grid stability. These loads consume significant energy and contribute to voltage fluctuations, frequency deviations, and harmonic distortions. Additionally, the growing integration of renewable energy further complicates supply-demand balance, making advanced grid solutions essential for maintaining efficiency and reliability.

Electric vehicles are transforming transportation, with widespread adoption increasing electricity demand, particularly at charging stations. EV charging patterns vary based on user behavior, time of day, and infrastructure availability, leading to grid congestion and instability. In response, billions have been allocated to expand charging infrastructure and technologies like vehicle-to-grid (V2G) systems are currently being explored to enhance grid stability.

Data centers, another major contributor to rising demand, require vast amounts of power to support IT infrastructure, cloud computing, and AI applications. Currently consuming an estimated 1-3% of global electricity, data center energy demand is projected to reach 12% of U.S. electricity consumption by 2028, adding further strain to power systems.

Compounding these challenges, renewable energy sources like wind and solar introduce supply variability. Fluctuations in generation cause voltage instability and frequency deviations, requiring reactive power compensation, energy storage, and grid-forming inverters to maintain stability.

Ensuring power quality in this evolving landscape requires advanced grid management strategies. This research paper examines the impact of modern loads— EVs, data centers, and renewables—exploring solutions to enhance grid stability, reliability, and efficiency.

Background:

Power quality refers to the stability and reliability of an electrical system in delivering consistent voltage, current, and frequency without distortions. Traditionally, power systems were designed for stable and predictable loads which primarily were powered by fossil fuels. These systems maintained steady electricity supply but were not built to handle the dynamic demands of modern technologies. Advancements in technology have drastically changed electricity consumption. Electric vehicles (EVs), data centers, and high-power electronics are more energyintensive and exhibit unpredictable usage patterns, straining the grid. Many modern

loads are also highly inductive, causing higher reactive power demand and affecting voltage stability.

This shift introduces new power quality challenges. Non-linear loads, such as fastcharging stations and high-power electronics, cause harmonic distortion, leading to inefficiencies, overheating, and increased losses. Voltage sags occur when large loads draw power suddenly, disrupting operations and damaging equipment. Frequent voltage fluctuations further impact sensitive electronics, while frequency instability from supply-demand imbalances threatens grid stability.

System overloading has become a growing concern as high-power loads strain transmission lines, increasing power losses and voltage drops while reducing reliability. Managing power quality in this evolving landscape requires adaptive strategies to handle rising demand, reactive power complexities, and grid stability challenges.

Enhancing Power Quality in the Modern World

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Research Solutions

- Power factor correction is a crucial technique used to enhance the efficiency and reliability of modern power systems. By improving the power factor, engineers can minimize the amount of reactive power in the system, thereby reducing transmission losses and improving voltage stability.
- One of the most effective methods for power factor correction is the addition of capacitors, which compensate for the lagging reactive power drawn by inductive loads such as motors and transformers.
- This not only helps optimize power flow but also ensures that electrical infrastructure operates more efficiently, meeting increasing power demands while reducing strain on generation and transmission systems.
- Implementing power factor correction ultimately enhances overall power quality, leading to cost savings and improved system performance.



Power Triangle Explanation

- Real Power (P): Measured in watts (W), the useful power.
- Reactive Power (Q): Measured in volt-amperes reactive (VAR), supports magnetic fields.
- Apparent Power (S): Measured in volt-amperes (VA), the total power supplied.
- $PF = \cos[\theta = P/S]$ where θ is the phase angle between voltage and current.

Modern Power Quality Improvement Technology

- **Uninterruptible Power Supplies:** a backup power system that provides sags, surges, and frequency fluctuations that could damage sensitive equipment.
- Active Harmonic Filters: devices that monitor frequency fluctuations caused by non-linear (typically inductive) loads and dynamically inject reactive power to cancel out harmonic distortions within the power system. These devices essentially perform power factor correction calculations and implement the correction in real time, drastically improving power factor and power quality in data centers.
- **Capacitor Banks:** Grouped capacitors that essentially function as batteries that store/release electricity, helping to stabilize voltage levels and improve power quality.

Technology	Purpose	Applications
Uninterruptible Power Supply (UPS)	Backup power supply and Voltage Regulation	Device protection and stabilizing voltage
Active Harmonic Filters (AHFs)	Harmonic Distortion Reduction	Improves power factor and efficiency
Capacitor Banks	Power Factor Correction	Reduce losses, stabilize voltage

temporary electricity to critical loads when the main power source fails or experiences instability. UPS systems prevent power interruptions, voltage



Conclusion

This research highlights the growing challenges in maintaining power quality due to rising energy demands, high-power loads, and increased renewable integration. Overall, it emphasizes the need for effective strategies to ensure stable, efficient, and resilient electrical systems in the modern world.

References

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Actual Power System in A City