

# Reward downshifts show that behavior remains dependent on reward expectancies even after extended training





DEPARTMENT OF PSYCHOLOGY

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# Introduction

- Frustration: Emotional reaction induced by an unexpected loss in the quantity or quality of a reward (Amsel, 1992).
- •cSNC: Consummatory successive negative contrast unexpected reduction in sucrose from 32% or 16% to 4% to study frustrative nonreward (FNR)

### •Effects:

- •Rejection of the downshifted solution, stress response (Flaherty, 1996).
- •Less extreme situations that produce no behavioral evidence of enhanced suppression (Arjol et al., under review).
- •Interpretation: Behavioral suppression reflects frustration (Amsel, 1992).

**Expectation:** Habitual behavior is elicited by antecedent stimuli, rather than by an expectation of an outcome: Learning "what" to do, or  $S \rightarrow R$ learning (Thorndike, 1911).

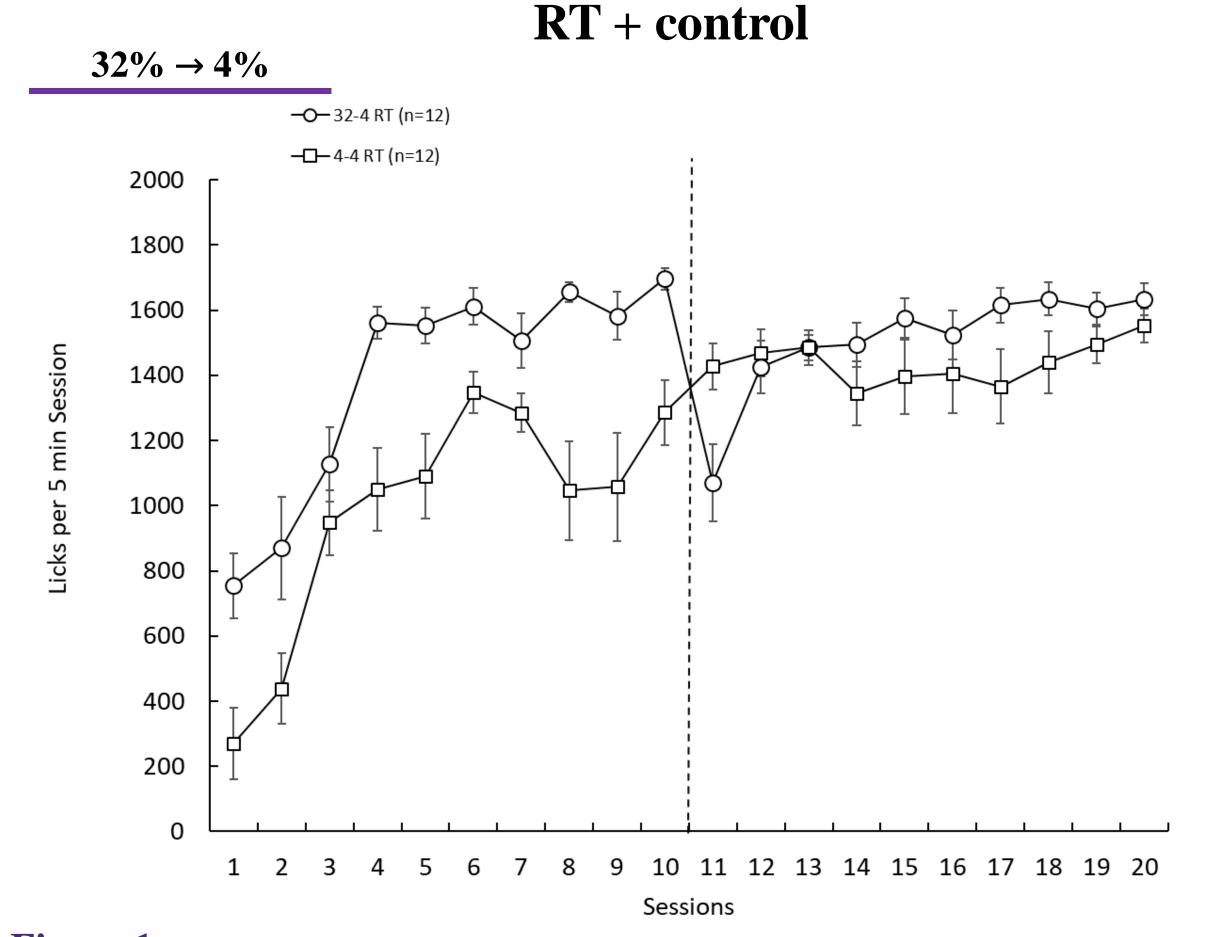
Expectancies of current outcome value guide actions: Learning what to get for doing something, or S \rightarrow S learning. Limited training leads to actions (Amsel, 1992).

## Methods

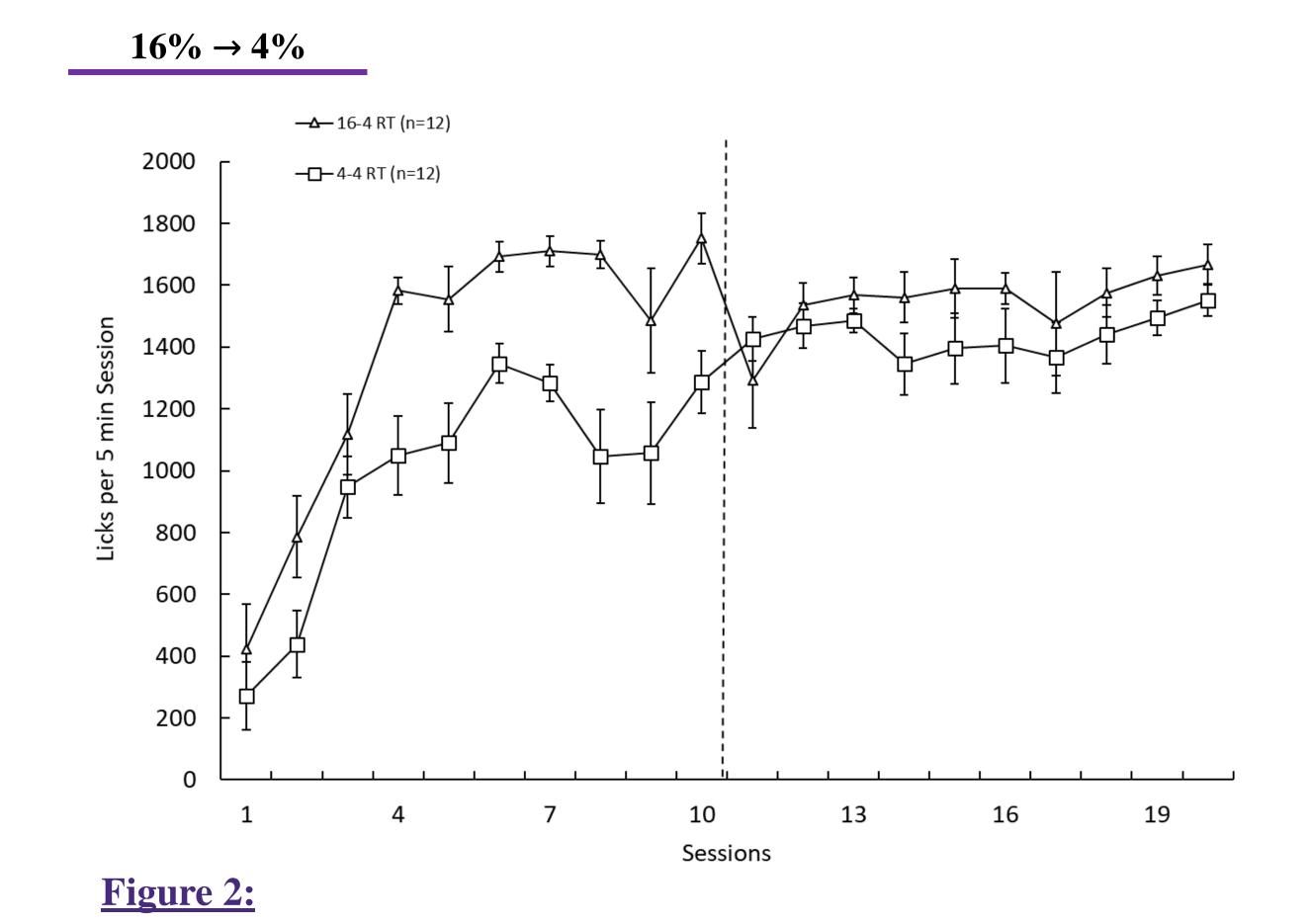
•Subjects: 47 female Wistar rats around 90 days old at the beginning of the experiments were used. •cSNC: Ten (RT) or thirty (OT) 5-minute sessions of access to 32% or 16% sucrose followed by 4 downshift sessions of access to 4% sucrose. Control groups were always exposed to 4%.

Condition	Training	Post-shift	N=60
OT = 30	32%		n=12
	16%		n=12
	4%	4%	n=12
RT =10	32%		n=12
	16%		n=12

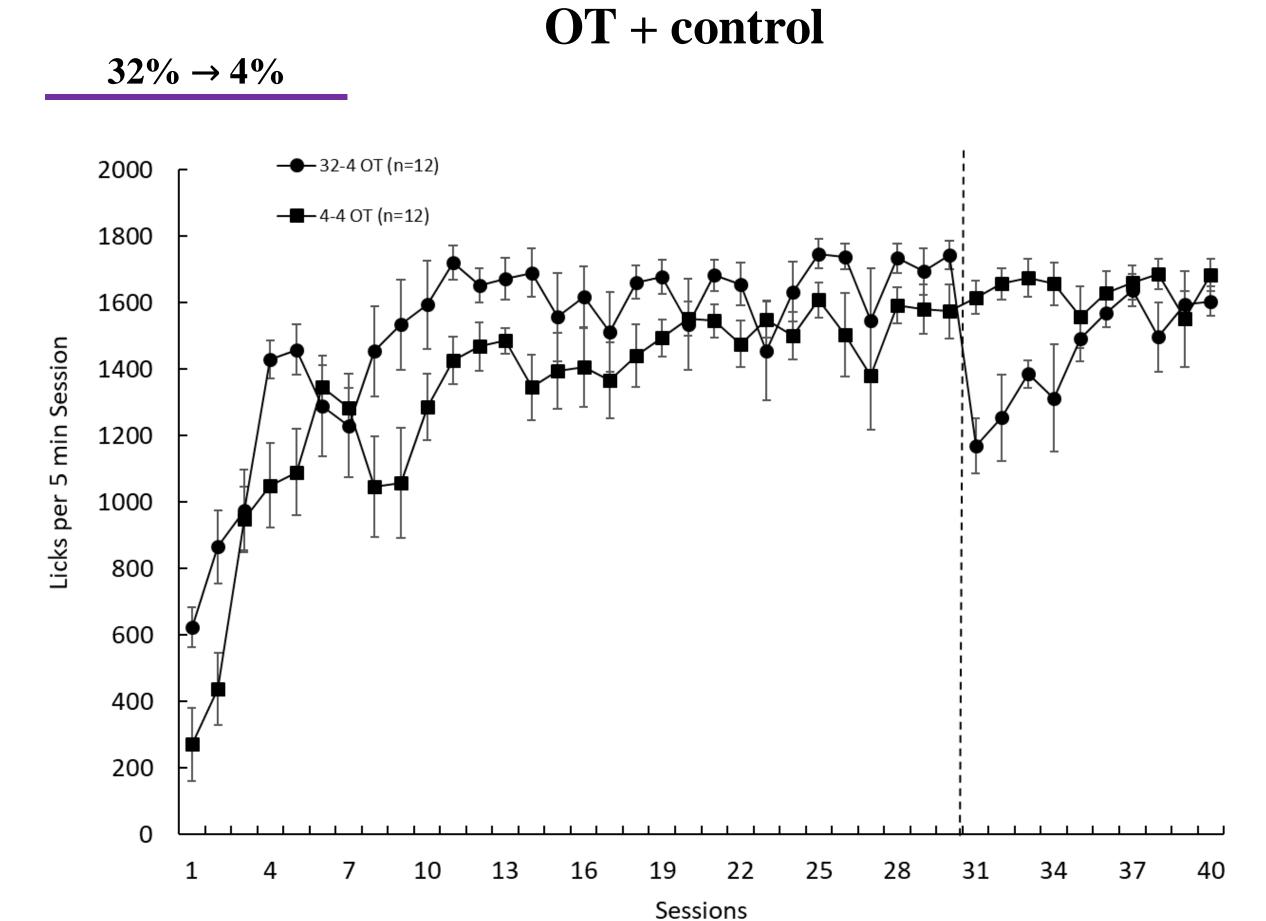
•Instrument: Subjects received training in consummatory behavior boxes, each enclosed in a sound-attenuating cubicle. A circuit connecting the metal bars on the floor of the box with the zipper tube allowed licks to be counted.



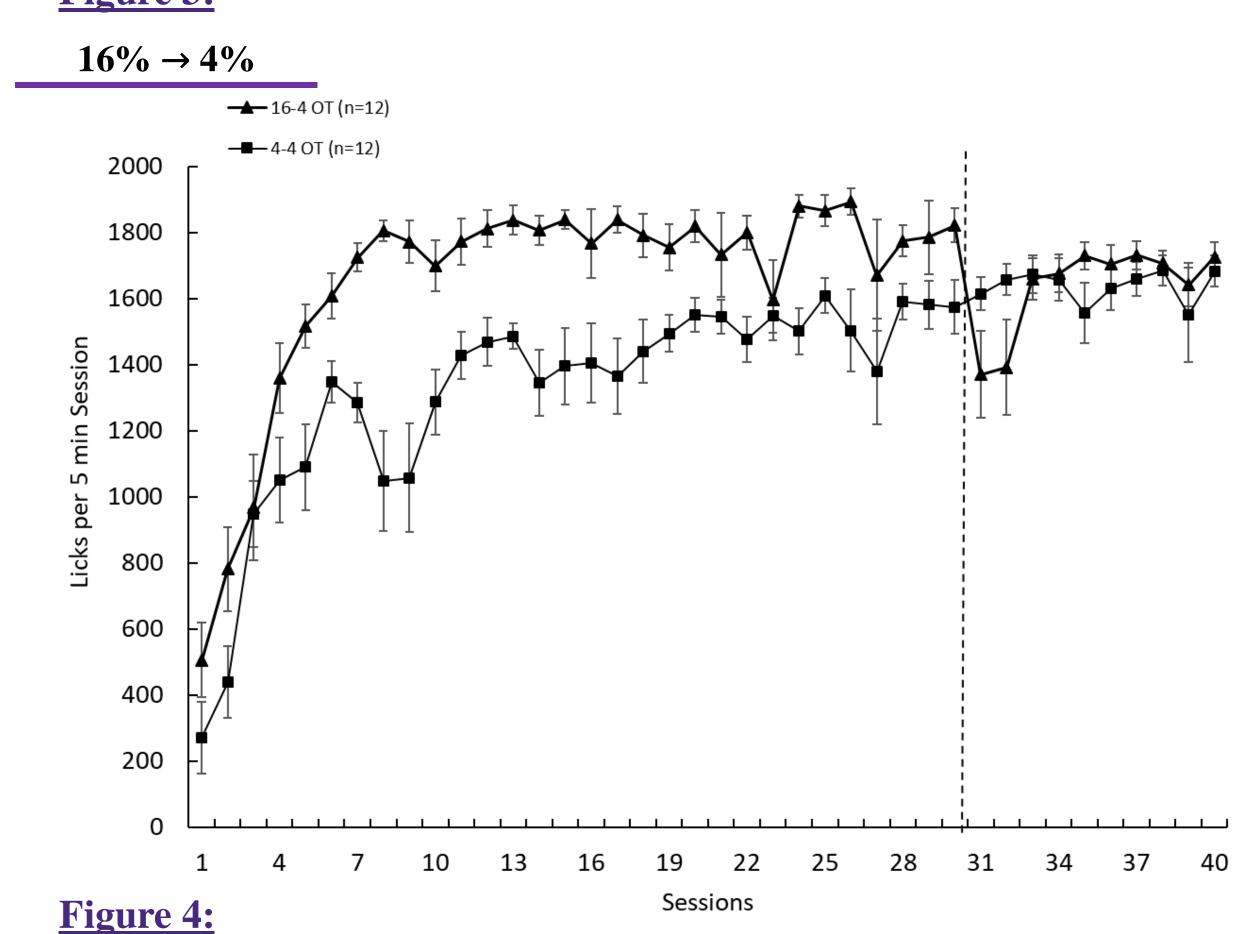
#### Figure 1:



# Results



#### Figure 3:



# **Discussion**

- Consummatory suppression: Enhanced behavioral suppression after OT even in the less extreme downshift condition.
- •Recovery: There could be a trend towards greater resistance in behavioral recovery.
- •Conclusion: Expectations can be strengthened and this could facilitate the detection of frustration.
- FNR induced by reward downshifts overcomes the development of a habit even after prolonged training. The action is guided by the expectation of the reward.
- Future studies: Differences in recovery and suppression between extreme and non-extreme downshift.

# References

Amsel, A. (1992). Frustration theory. Cambridge University

Arjol, D., Aguera, A., Hagen, C., & Papini, M. R. (under review). Frustrative nonreward: Detailed c-Fos expresión patterns in the amygdala after consummatory successive negative contrast. Neurobiology of Learning and Memory. Flaherty, C. F. (1996). Incentive relativity. Cambridge University Press.

Thorndike, E. L. (1911). Animal intelligence. Macmillan

