

Introduction

TBRI is an evidence-based therapeutic approach for working with trauma-affected children through three principles: *Empowering, Connecting, and Correcting*. The Karyn Purvis Institute of Child Development (KPICD) provides TBRI Practitioner Training through a dual-format program: an online course followed by a week-long in-person workshop.

This study investigates participant feedback to continuously improve the training. After completing the program, participants identify both the most powerful aspects and areas needing enhancement. By analyzing these responses thematically, we can:

1. Share improvement suggestions with trainers
2. Amplify elements participants find most impactful
3. Adapt content to evolving professional needs

To maximize the well-researched successes of TBRI, the training format requires continuous refinement to remain successful and relevant in educating the TBRI professionals of tomorrow. As the field of trauma-informed care advances and the patient demographic diversifies, it becomes increasingly important to systematically evaluate and continuously improve the training experience.

Methods

Procedure

To address how to improve TBRI Practitioner Training using participant feedback, we analyzed survey responses from 1,769 participants who completed week-long in-person trainings (2021-2024) across thirteen cities in the US and internationally across Eastern Europe and Latin America. TBRI training included two phases; an online preparatory course followed by an intensive week-long in person workshop. Post-training survey completed by consenting participants assessed understanding and gathered responses to two key questions. Following the survey, the frequency of each commonly mentioned theme was tallied across training program years to identify patterns and trends in participant experiences.

Powerful

• "What was the most powerful part of the training?"

Drawing from this question, seven themes were identified:

1. *Presentation* (presenters, formatting)
2. *Personal Stories* (real-life examples)
3. *Application/ Implementation* (role-play activities, videos)
4. *Networking* (connecting with TBRI staff, connecting with peers, break-out sessions)
5. *Adult Attachment Interview/ Attachment*
6. *Nurture Groups*
7. *Program Logistics*

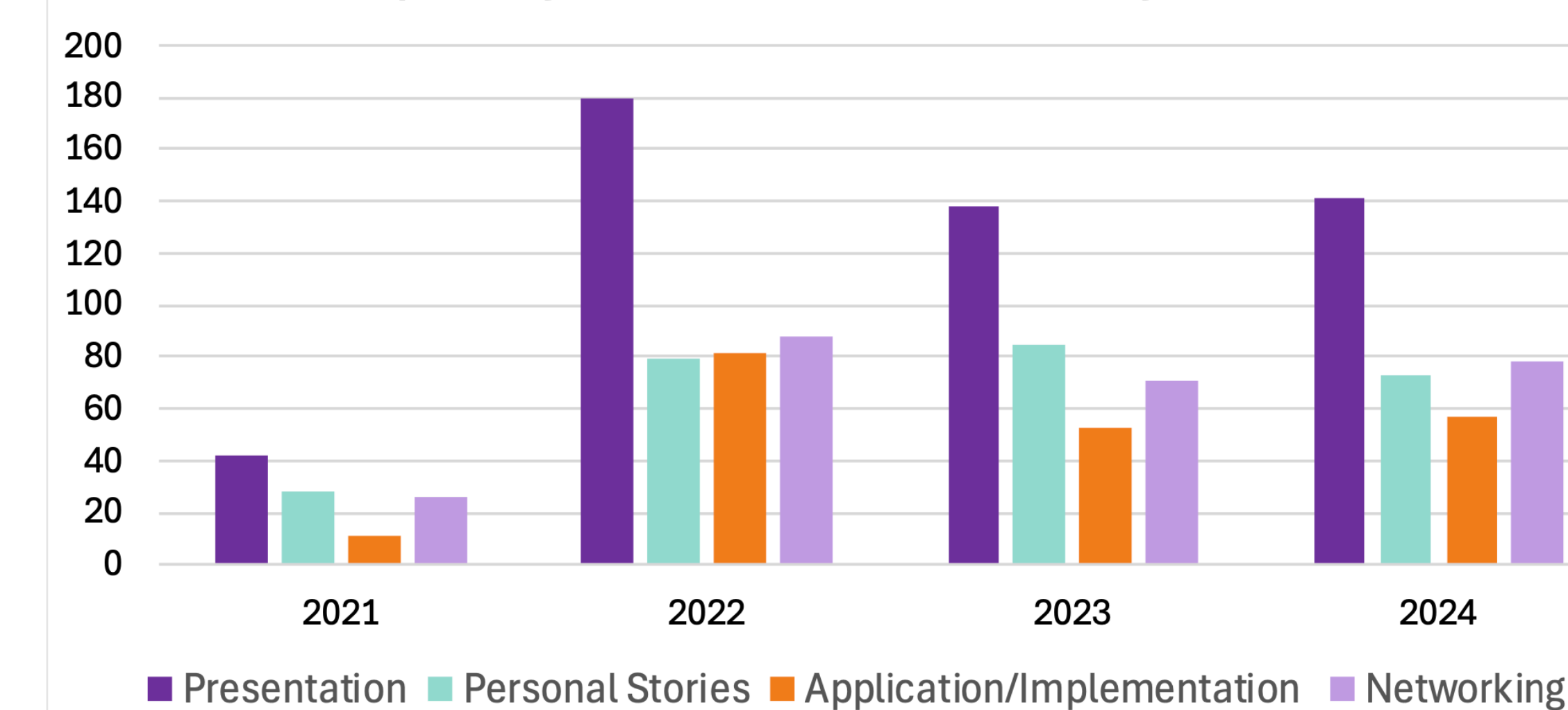
Improvements

• "What aspects of the training need improvement?" Drawing from the second free-response question, eight themes were identified:

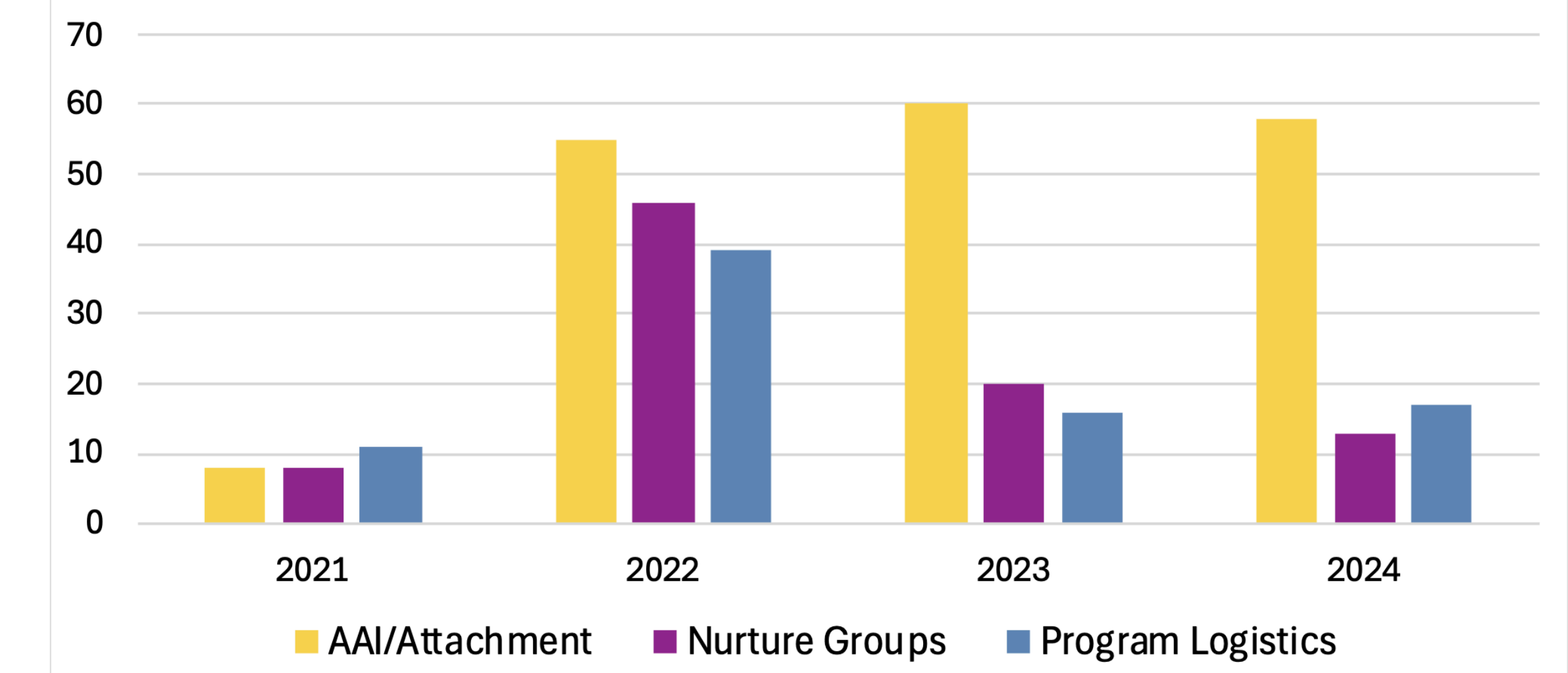
1. *Presentation* (presenters, slides, content, workbook, scheduling)
2. *Application* (examples, videos, role play, activities)
3. *Nurture Groups*
4. *Networking* (peer connections, break-outs, discussions, mentoring)
5. *Adult Attachment Interview/Attachment*
6. *Inclusivity* (censorship, profanity, accessibility, LGBTQIA+, dietary)
7. *Program Logistics* (food, venue, shirts)
8. *Sector-Specific* concerns

Results

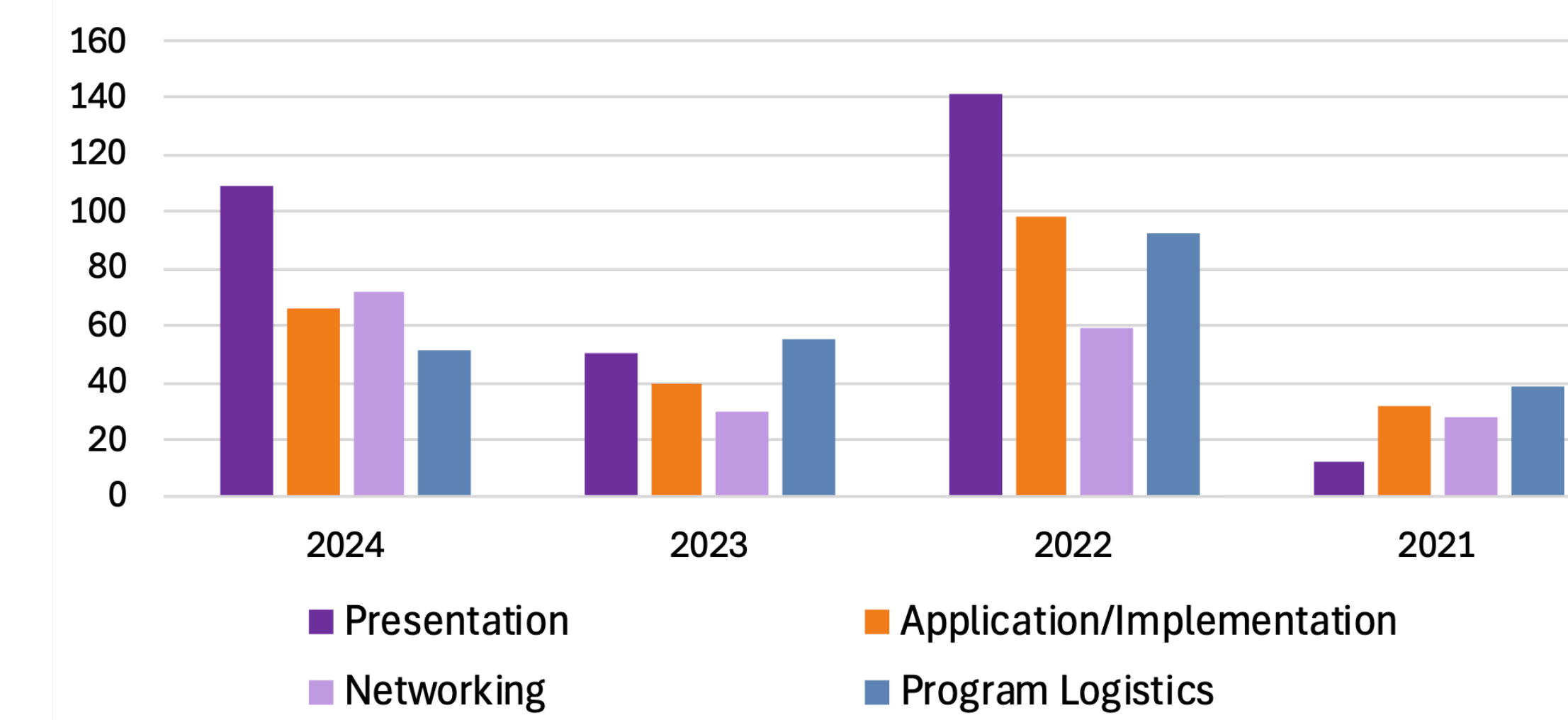
Frequency of Powerful Themes by Year Pt 1



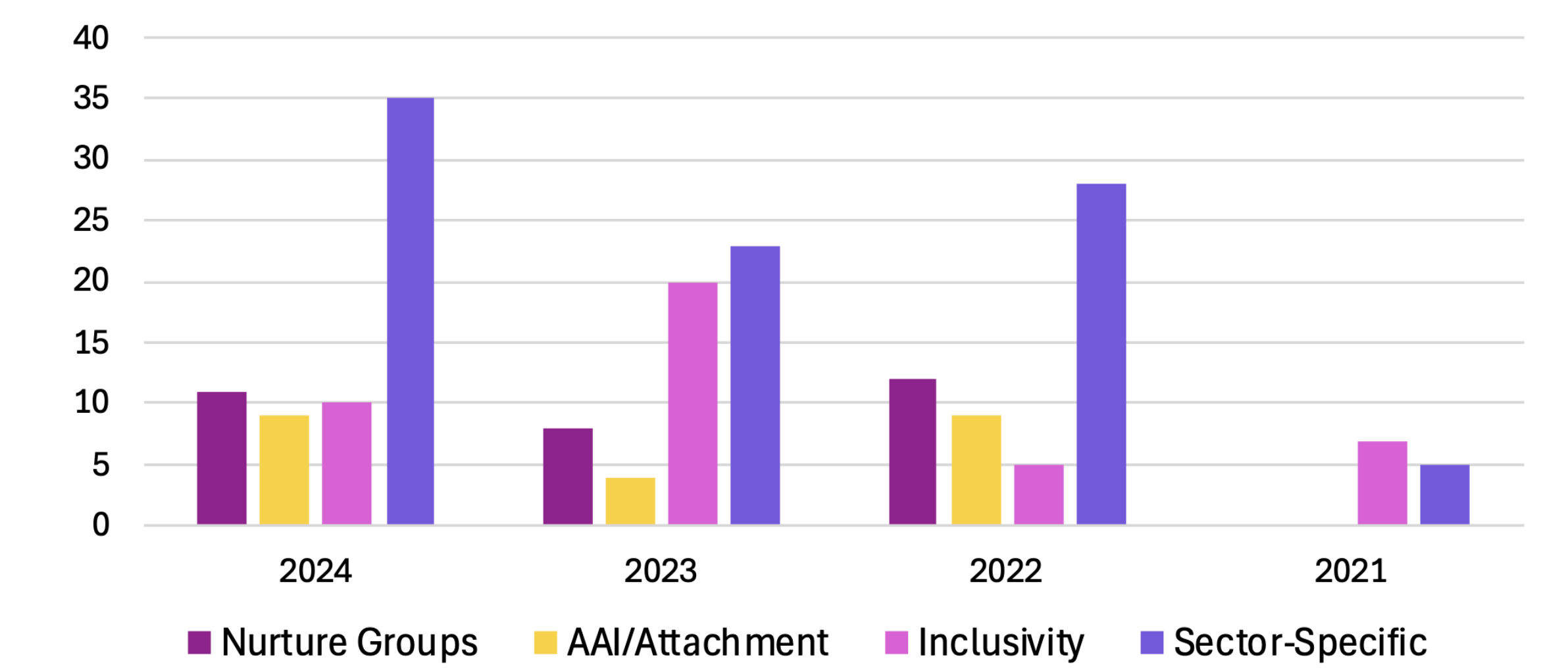
Frequency of Powerful Themes by Year Pt 2



Frequency of Improvement Themes by Year Pt 1



Frequency of Improvement Themes by Year Pt 2



Discussion

Summary

- The analysis of participant feedback demonstrates the value of systematic evaluation in guiding TBRI training improvements. Identified patterns across four years reveal both persistent strengths and opportunities for targeted enhancements.

Limitations and future research

- While this analysis identified recurring improvement themes across participant feedback, a methodological limitation exists in that infrequently mentioned critiques that fell below the threshold for inclusion in the coding framework. Although the TBRI training program cannot feasibly accommodate every individual concern, these thematic outliers may contain insights worthy of exploration. Future research could examine these less common suggestions through targeted follow-up interviews or specialized assessments to further enhance the understanding of training effectiveness.

Implications

- Critique levels decreased significantly from 2022 to 2024 after program restructuring, indicating successful intervention in this area.
- Despite improvement suggestions, **Presentation** consistently ranked as the most *powerful* aspect of training across all years (2021-2024).